



Campaign Kick-Off Event!
Take the Pledge on
May 10 to
Reduce Your
Carbon Footprint!



Healthy People + Healthy Planet

HIGHLAND PARK EARTH & HEALTH FAIR 2011

**Tuesday, May 10
6 PM to 9 PM**

**Highland Park High School Cafeteria & Gym
102 North 5th Avenue**

**Join us for a night of fun, food, kids activities and exhibits
Come away with tips for more healthy and sustainable lifestyles**

- Hearing, vision, blood pressure/sugar/cholesterol screenings
- Green local businesses and organizations
- Gardening, composting and rain barrels
- Local health provider consultations
- Bike repair and maintenance tips
- Electric car demonstration, The Volt
- FREE chair massage
- Home energy efficiency information
- Sample healthy foods and cooking ideas
- "Green Your Parents" table
- Zumba and belly dancing lessons
- Recycled arts and crafts activities
- Recycling ROBOT
- "Health IQ" test and raffle prizes

FREE

Hands-On Children's Activities, Family Friendly Fun!

**Sponsored by the Borough of Highland Park, Highland Park Board of Health,
Highland Park Public Schools & Sustainable Highland Park**



*For more information, contact:
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**Dedicated to Vickie White and Leigh Davis,
who moved us with their mission to promote
the health of our bodies, community and planet**